The Fifth

Music, Theme Vannataise

Stepping, Bedlam step Step Hop/ Step Hop 123 Hop.

Chorus. Circular Hey, 1 and 2 paired, 3 and 5 paired, 4 and 6 paired.

left hand high until the 123H of the Bedlam then the hand comes down ready to throw the right high on the hop. return to place.

Figures

First figure

Starburst

All dancers out for 4 beats then right turn back to the middle use remaining music to back into position.

Second Figure

Arm swing Hold elbows and then swing three times.

Third Figure

Threes.

People facing anti clockwise go in to form a star sticks out.

Then

People facing clockwise go in holding sticks in.

Fourth figure

1 and 2 come up to the musicians - others follow in a loose cast movement and then go round to reform as a set.

Finish.

Walk off

Dave Johns/Blackpowder - 2015

Dance is written as a lit torch dance but works equally well as a 'standard' dance.