

**Cuckoo's Nest Dance Notes** (Music: Cuckoos Nest)  
(Stepping throughout)

Face forward and step for 8 on the spot → Turn to partner and step for 8 on the spot and straight into:

**Chorus:** (Total of 16 beats)

Clash sticks twice with partner and then three times → step towards partner, right shoulder, looking them in the eye and give a grunt. Each step to the beat. You are briefly on opposite sides. Cross back, right shoulder, looking them in the eye and give another grunt. Each step to the beat. Back to original position.

- Repeat.

**1<sup>st</sup> Figure: Back to Back** (Total of 16 beats)

Cross partner right shoulder, 2 steps forward, 2 steps to the side and 4 steps back to position.

Cross partner left shoulder, 2 steps forward, 2 steps to the side and 4 steps back to position.

**Chorus**

**2<sup>nd</sup> Figure: Arm Swing** (Total of 16 beats)

Swap sticks to left shoulder, hold partner's right arm by the elbow. Dance to the right x8.

Quickly return stick to right shoulder as you turn, taking your partner's left arm by the elbow.

Dance to the left x8.

**Chorus**

**3<sup>rd</sup> Figure: Diamonds** (Total of 16 beats)

Step to the right and twirl (x2 steps), -all dancers should be in a single line- followed by butts x2 (x2 steps on spot)

Twirl again (x2 steps). This will take you to opposite side; step on spot x2.

Step right again and twirl (x2 steps) - all dancers should be in a single line - and again, it's butts x2 (x2 steps on spot).

Twirl again (x2 steps) to take you back to your original position and step on spot x2.

**Chorus**

**4<sup>th</sup> Figure High/Low** (Total of 16 beats)

Clash sticks with partner, high and low (2 beats), to opposite side and 2 steps on the spot. Cross back, high and low to original place and 2 steps on the spot. (Sticks back on shoulders when not clashing.)

- Repeat

**Chorus**

**5<sup>th</sup> Figure Hey** (Total of 16 beats)

In both rows, dancers face the person next to them (1 faces 3, 2 faces 4, 5 faces 7 and 6 faces 8).

**Chorus**

'Modern' traditional - believed to have originated at Wolfshead and Vixen.  
Notation by Dirk.