

Not Not for Joe.

A four man dance. Music Not For Joe, A B, Single stepped.

Starts with a Hey and then first chorus

2nd figure - arm swing

3rd figure - sheep pens

4th figure - back to back (you missed this one!)

so 5th figure - go right

and end with hey and off

Chorus,

General rule middles back out - left , ends go in (face out) - right, this continues round in a clockwise direction. Partners keep together.

Two steps move the set from the starting position to.

2 1 4 3

Then

4

3

2

1

Then

3 4 1 2

Then

1

2

3

4

Starting position is

1

2

3

4

First Figure

A Hey for four returning to place.

Second figure

Arm swing grab right elbows (stick swaps to the left shoulder), halfway through the music change direction (stick swaps to the right shoulder) and back to place.

Third figure,

Sheep pens, middles back out for two ends adjust in to form a four 1

2 3

4

Arms reach in and grab the wrist of the preceding person to form a sheep pen dance round to position (break early!).

Fourth figure

Back to Back

With partner forward two, side for two, back four - all the time looking for lines with partners.

Then

Forward two, side two, and four back to position.

Fifth figure

Go right.

Go out four steps fast and furious, turn tight right and pause back in to clash, across the set for a further three and tight turn - return to place.

End figure, as for figure one but dance a reel and a half and then circle the musicians sticks held pointing in and over the heads of the musicians. When the music restarts turn clockwise and out.

Traditional Dance, chorus variant by Chris Armstrong.

Notation by Dirk.