East Acton Stick Dance

(Music - Four Up)

General Rule - turn right in all figures except when this clearly can't work!

For 3,6,12, etc dancers, in rows. Centre person leads. Always start on right foot.

North! Take 4 steps forward (surging on the 1^{st} step) and then 4 steps backwards.

Repeat

1st Figure: Butts and Tips

- Centre person clashes butts and tips for 8 beats, with the person to their right (No. 3) and then Tips and butts with the person to their left (No.1).
- Straight into: Staggered Hey → back to positions before all moving off for:

East! Take 4 steps forward (surging on the 1st step) and then 4 steps backwards. Repeat

2nd Figure: Arm Swing

- Twirl once with the person on the right (No.3) stick in left hand
- Twirl once with the person on the left (No.1) stick in right hand
- Return to original positions
- Straight into: **Staggered Hey** → back to positions before all moving off for:

South! Take 4 steps forward (surging on the 1st step) and then 4 steps backwards. Repeat

3rd Figure: Back to Back

- Centre and left people (2&3) dance back to back.
- Then the centre person repeats the back to back with the person on the right (1)
- Return to original position
- Straight into: **Staggered Hey** → back to positions before all moving off for:

West! Take 4 steps forward (surging on the 1st step) and then 4 steps backwards. Repeat and straight into:

- Lead Off. No.2 steps back, stick extended. No. 1 & 3 step in with sticks extended to form a circular trio.
- Twirl to the right until centre leads out.

A variation - Dave J/Blackpowder.

Originally performed as a review by Spike Milligan, Harry Secombe, and Peter Sellers circa 1956.

Notation by Dirk